

The ideal of the School of Metaphysics.....To aid any individual, willing to put forth the effort, to become a whole functioning Self, not dependent on any person, place or thing for peace, contentment and security.

The purpose of the School of Metaphysics....To accelerate the evolution of humanity by ushering in Intuitive, Spiritual Man.

Vibrations



A Monthly Newsletter

Vol. 47, No. 03



GENIUS POTENTIAL IN ALL DREAMS

When's the last time interpreting someone's dream had a profound effect on changing the way they perceive and live life? A few days ago a 17-year-old male, a junior in high school, visited our school branch to express his personal concerns. He was skipping classes and hanging out with his girlfriend looking forever for something worth while to do. I asked him, "How may I help you?" He very calmly said, "I would like to awaken each morning, just looking forward to the day." When I asked him if he remembers his dreams, he said, "Yes, most of the time I am running in a race with friends, but I am always slowed down by quicksand." As a Dream Interpretation Coach I then explained his dreams were repeatedly telling him that he too often places his self-value on what others expect and he becomes caught up in the competitive circumstances in his life. We spoke about his need to reflect on what is important to him and to focus his attention on causing his own desires. I told him, "You can give your life the excitement and direction you desire just by deciding what you want to experience or accomplish in life." I urged the young man to spend the next couple of days composing a list of 10 things he wants most in the next few years. Suddenly his eyes lit up, as he asked for a piece of paper and pen. I could tell he just saw his future and in a totally different light. His mother called me the next day asking, "What did I tell him? My son, the distant stranger of the past few months, actually smiled at me on his way to school, and he left on time! Then I went up into his room to put clothes in his drawers and I saw two lists lying on his bed with big red titles, WHAT I WANT". I too, then smiled from ear to ear, fulfilled by her happiness and thrilled with the genius of dream interpretation that redirected her son setting a new path of freedom in creating his life. •

by Kerry Keller



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Theme for Next Vibes 2017

Please submit stories that
tell us a Dream
you have interpreted
that made a profound difference in
yours or someone's life, and
why?

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Teaching People the Wisdom in Dream Interpretation

Today, there is a training at the corporate level that encourages professionals to periodically remove themselves from their busy environment so they can access what they call the “Genius Core”. They generally are not aware of how to develop their *‘focus’* with a concentration practice, but through random experience people have discovered their ability to receive higher understandings that the brain does not retain or offer.

There is expansive and infinite intelligence that resides within you. Dreams are one of three ways mankind can consciously access his/her own genius. Every dreamer knows that dreams occur when the conscious mind is inactive, asleep, disconnected from the 5 senses of the body. Your conscious everyday thinking is drastically limited by your attention actively receiving those five senses. Compare this to your subconscious thinking that communicates in images not the significantly busy vibratory thoughts and emotions. When you recognize the limited ways of thinking that are controlled by your negative thoughts, attitudes, beliefs, and emotions, you understand how these create tremendous distractions in our daily awareness. As creatures of habit there are many ill effects or miss-perceptions we experience and have become used to. We certainly don’t perceive the expansive intelligence that we could be applying into our everyday experiences.

Your dreams are messages from the inner subconscious mind to your conscious mind concerning the state of your daily awareness. The subconscious mind observes you all day long as if it were your big brother or sister advising you about the degree in which your thoughts the day before were miss-directed by your limiting conscious thoughts. This wisdom is priceless! By seeking to interpret your dreams daily, then reflecting on them in a quiet state of mind, you can make choices in life from a much deeper level of understanding truth and the cause and effect of your daily experience, rather than just relying on the busy conscious mind.

What is not understood by most people is the creative relationship you have between your conscious and subconscious minds. The two form a whole functioning unit necessary for the fulfillment of your daily desires and the advancement of your own self-awareness. In other words your dreams share with you daily how you can advance your own education, the self-awareness of the inner intelligence. Dreams have an inherent meaning and it is up to the conscious mind to learn the basics of the inner language for discernment of that meaning. This meaning is understood as you master the Inner mind language called, “The Universal Language of Mind”. This meaning gives the conscious mind what it needs to utilize the relationship between minds to cause their advancement beyond any limitations of life.

When you practice with a quiet mind you can then direct the mind to focus on what you desire to cause in life instead of reacting to circumstances and conditions that demand our attention and distract us from causing the quality of life we desire most. The concepts of creating your life enable you to create the freedom you desire celebrate life.



National Dream Month is almost upon us. I want you to look at the creation projects, events and opportunities you have to share with people. The Wisdom they can receive from Learning to interpret their dreams. I have accepted the National Dream Coordinator Position for the School of Metaphysics. My goal is to open awareness to all students about the fun and advancements in life that dreams bring you.

Happy dreaming! Thank you.

Kerry Keller
National Dream Coordinator



Chicago

By: Justin Polic

Love in Action

Hi this is Justin and it is my first time writing the vibes report for the School of Metaphysics. The year of 2016 has ended and the New Year of 2017 has brought in the creative energies of initiation and action. The school has taken it upon itself to reintroduce themselves in to the community by working optimistically with intention, emotion, thought and action, expanding our circle of love. By Bringing our vision and light, we pass our love on to the open and receptive people in our neighborhood.

With a set goal in mind, of 20 students by March 2017, and working as one cohesive unit; building chemistry and opening ourselves up to serving and receiving, we set out to expand our influence through action. Game planning and drawing out our goals on the activity board to focus our attention and have a vision in mind, we set out to increase knowledge of self improvement and helping humanity move closer to peace. Our increased efforts included more phone calls and follow ups, passing out flyers and planning more creative events such as; a lecture on Love, a movie and a game night. We are also reaching out to the spiritually aware or curious people though social media. We have, as a school increased the number of students from 8 to 13 within the last month with our increased and focused effort.

Bringing in new students invites new energy, new perspectives and a chance to build new relationships learning from each other. The excitement is increasing! The new students brought in a curious and exciting energy, and other fellow classmates are taking incremental steps forward to grow into their true Selves for the New Year. A feeling of positive change is in the air at the Chicago branch of the School of Metaphysics. While some goals still have yet to be met, with our growing confidence, teamwork and chemistry, there is no doubt at the school that we will increase our presence, knowledge and self awareness to usher in Spiritual man.



Palatine

"Re-New Beginnings"

by Zack Busch

New beginnings. These two words best describe The Palatine Branch, currently. The interesting thing about these "new" beginnings is that they are really not that new. I believe a more proper description would be, "re-new beginnings." The word Palatine means, "of royal privilege." The truth of the matter is that we have everything we need available to us here, all we have to do is tap into it. Palatine has been very successful in the past and it is important to honor that, so that is what we are doing, we are drawing upon past successes to cultivate new success.

The 2nd cycle class consisting of Rita Rikevik and Doug Smugar hosted a fundraiser at the beginning of the month where we created vision boards. The fundraiser was really successful. 10 people came and everybody finished their boards and shared them at the end. The atmosphere was fun and open, which made people feel comfortable enough to share. One of the attendees commented about how nice it was to be there. Doug and Rita grew a lot through the fundraiser, and are really stepping into their Leadership roles with the school. Rita used the vision board sharing as a platform to share her vision board and to deliver a short presentation on the Mind Triangle.

Shortly after returning from General Assembly in January, we implemented our White board. It was well received, and initials quickly began to permeate the space. A lot of flyers were put up around town, which made up most of the initials. It was a good start. I noticed after a few weeks the fire of the board began to die out. I made the decision to organize a telephone calling session inviting people to the new class. A couple students, Gino Crededio and Rita Rikevik joined in the session. We made 20 calls that night. Gino and Rita drew the comparison of the phone calls, to Jesus and how he cast out his net. That is what we were doing, casting our nets to see who would come to the new class. It worked because there were 5 people at the class registration. We look to build upon that for our new class starting in February. Rita Rikevik will be teaching for the first time so there will be a lot of wonderful Infancy energy involved in the creation process. We also are in the process of renewing one of our classrooms to make room for new students. Thanks to Mike Moffa who was able to get the paint for this new classroom donated. Palatine looks to continue using all of the available resources that we have, and in doing so, we expect that we will be revitalized. •

I made the decision to organize a telephone calling session inviting people to the new class.

We also had an idea of making magnets with student faces on them to highlight student posted activities.

Indianapolis

Creation Activity Center in Indy

by Michelle, Ken & Kerry

On Monday Lynn Boggio and I began to create our Activity white board for the Indy branch. We made a list of all the activities we could image that have been done to promote our education. As you see in the picture, we came up with several activities as well as promotional educational events.

We also had an idea of making magnets with student faces on them to highlight student posted activities. Then our imagination began to explore a greater purpose of this white board... to expanding our efforts to teach students how they contribute, by directing the conscious energy of our creations. The larger goal being; students collectively helping to create and build relationships that become a major influence in awaking and empowering our community with the benefits of what we teach.

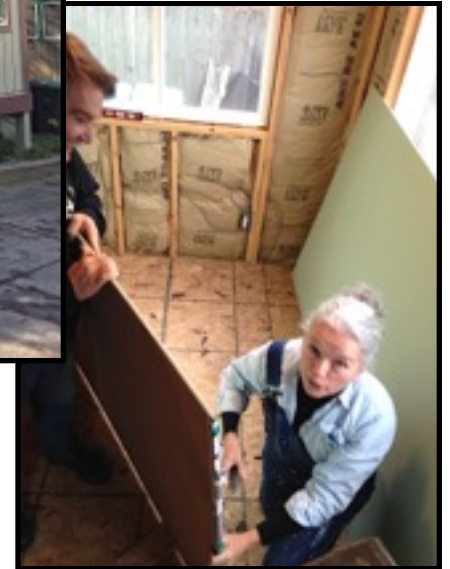


So we expanded our area off the Kitchen to include a written description of our Ideal, Goal, Purpose & Activities. We have two months of calendars that project our events and we have an event board describing who is leading the creation of the coming events and its benefits to the community. To move beyond resistance or the fear of them receiving one more thing to do and not knowing how to fit it in their lives... we are emphasizing their learning about this 'creation process' as a major practice in their creating their own paths in life.

Kerry and Michelle as teachers are learning, discussing and focusing on what each student wants to create in their lives and who they desire to become. As the students receive their Past Life Profiles on Lesson 9 there is even more understandings to aid students to release old patterns and create new ones. Michelle and Kerry are using this school creation process to teach each student how they can create their own lives.

Also you will notice, there is an additional white board that lists businesses and organizations we would like to partner with in our communities. We are asking students who they know they could introduce the school to, or who they know of that would lead to new relationships, future educational creations from which to draw new students.

We keep updating this creation room to master our needs to give effectively and grow from our efforts. •



Des Moines

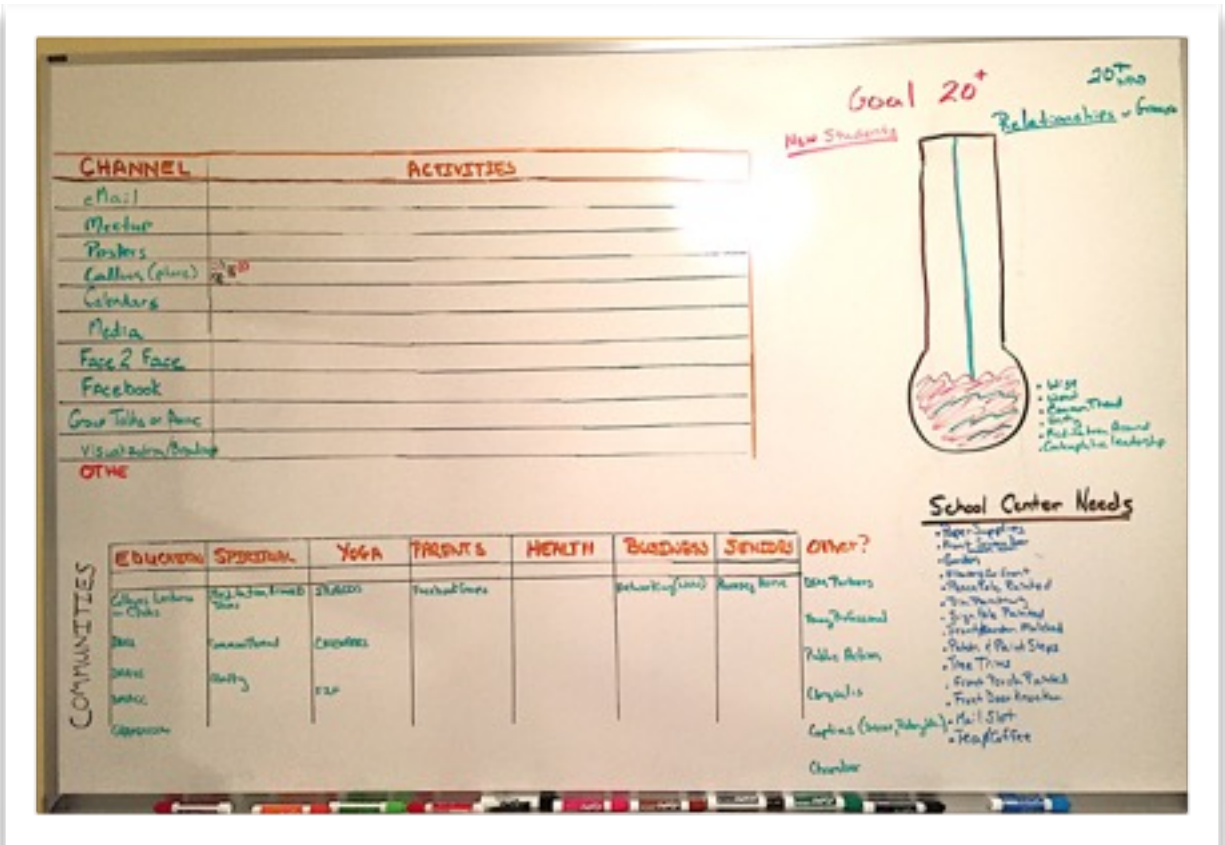
Creative Activities Produce Wisdom

by who?

Des Moines branch is evolving in many ways. We are currently in the final phase of completing repair and upgrade of our back porch that will add another 100 square feet of space to be used as a multipurpose room for serving and hosting events like National Dream Hotline. We are grateful for the many hands that served to make this possible. Larry Hudson and Mari's husband Roger helped visualize and architect the new structure which included resetting the pillars for the structure and raising the entire addition up four inches. Christopher Stohrer came from Kansas City to help remove the old deteriorating walls and reframe the lower room adding a new door and windows. Cathy Simpson, Mike Hueholt, Michele Lundquist, Mari Hamersley, Chip Foster, Maia Countryman, and Sara Carson all joined in to hang drywall and paint the new room. We also added a new ramp in lieu of steps to improve access to special needs supporters and students. When I commented we could not get many more people in an 8 by 12 foot space with hammers and mat knives, Mike Huholt corrected me and said he had reconstructed a porch with twice as many people. All that is needed is a strong purpose a mindful directing intelligence and willful helpers. There was lots of laughter and encouragement as individuals hung dry wall and mudded for the first time. The girls never grimaced or complained about the dust getting in their hair. The day joyfully ended with a meal created with the love and attention of Cathy Simpson. The light and love continues to expand in our ever evolving space for creation.

The Thursday before teachers meeting, Dr Terry arrived to present an evolved version of The Inner Secrets of EIEIO that she presented at General Assembly. Our participants both young and old enjoyed creating their own song of their Journey through Expectation, Intention, Experience and Initiation. The event not only enlightened the participants and attract a new student, it also contributed to the first phase of our electrical upgrade fund. We all laughed when Dr Terry drew the “O” in EI-EI-O as a light bulb. An appropriate symbol for the evening in many ways!

EIEIO was the second time one of our Doctors from the college has provided us insightful and entertaining lecture. Des Moines was privileged to have Dr Karen come to the school last fall and do a public presentation on Superconscious Healing and do a student teaching of healing and emotional doorways. We are very fortunate to have this level of experience and caring available to expand the consciousness of our students and broader community.



Teachers meeting this year provided a significant boost to the outreach to the Des Moines Community. Two soon to be teachers were preparing meals and serving when we emerged from our teachers meeting. The energy and enthusiasm was contagious. Mike, who was in the office finalizing an intuitive report was drawn into the activity to attract the public to our spontaneous “Interpreting Dreams for Self Discovery” event. Cathy was in the middle of cooking as the teams emerged armed with posters, call lists and cell phones. Mike was inspired to activate Facebook posts and Cathy was drawn into the phone outreach. I took a team downtown to poster and to meet and invite people to the event. As we pulled up to Mars Coffee shop Wendy asked to get centered and do a broadcast before we engaged. It was not surprising that two of our participants that evening came from the coffee shop.

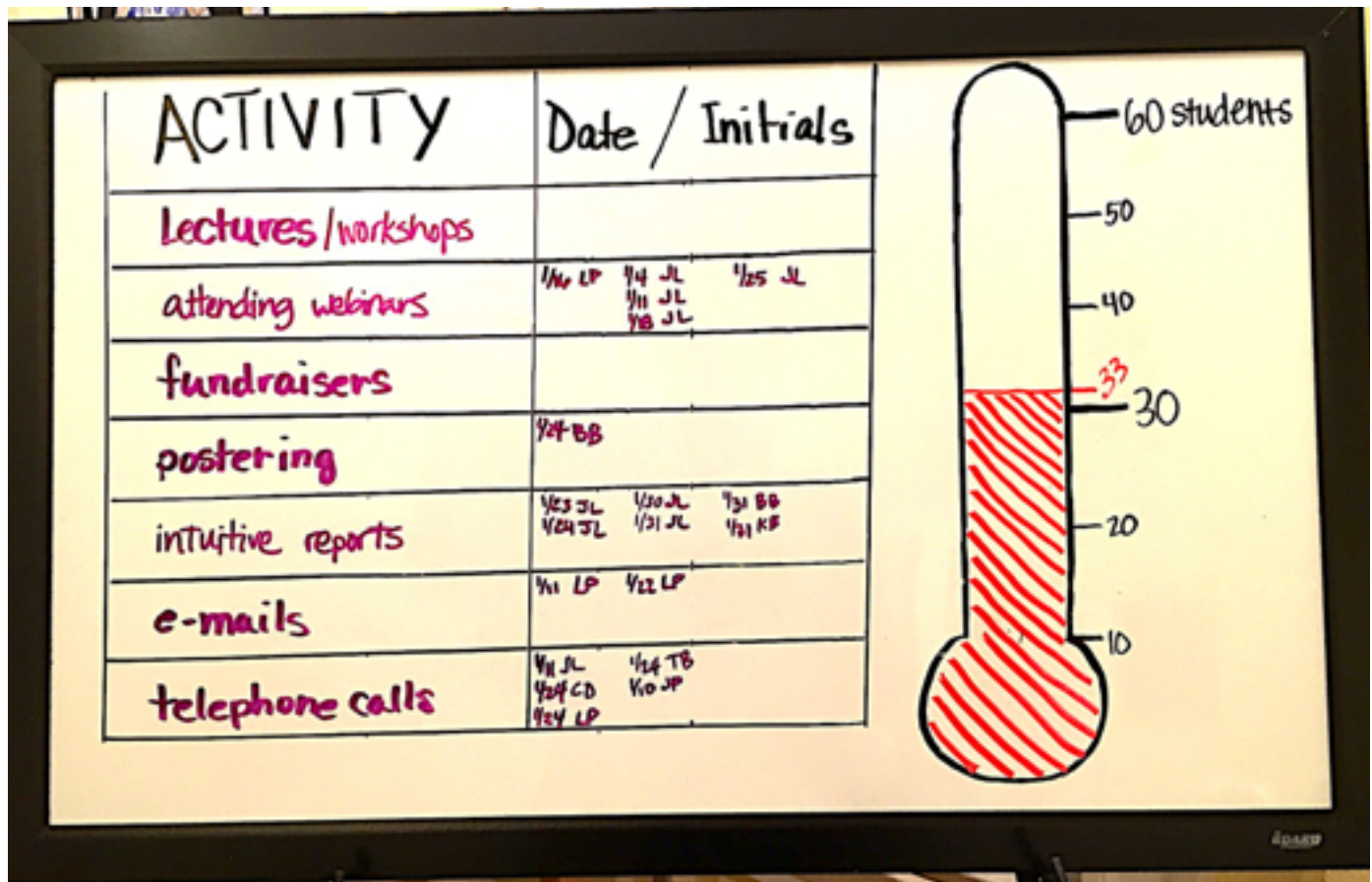
What we experienced was the power of harmonized focus and attention that was very contagious. We were able to visit over thirty businesses, talk to over 60 people face to face and connected with over 500 people vial phone, Facebook, email and meet-up. All of this energy and attention will continue to drive awareness for months to come. And we all experienced a powerful example of a fully executed Ideal, Purpose, and Activity forming, emerging, and manifesting in less than four hours. Our Activity Tracking was enlivened and we expect the momentum to continue. •

Maplewood
Welcome New Students!
 by Ellen Moeller

In recent weeks, we at Maplewood have created a thermometer chart to keep track of and celebrate what we do to attract new students to the School of Metaphysics. It is posted in the main room of our building to inspire those who see it.

As the 'temperature' rises on the chart it becomes a visual representation of our united efforts to assist in raising consciousness. Examples of these efforts may include a variety of expansion projects, dream interpretation booths at local festivals, and handing out flyers informing the reader about classes starting soon.

We understand that putting our energy into this project enacts the Universal Law of Attraction, and with our intention to grow our school and draw in new minds, we set the manifestation of this in motion. We look forward to meeting spiritual seekers who want to learn about what SOM does offer!



Dallas, Tx

“Visions for 2017”

by Jamie Metzenberg



The Dallas school is continuing to grow and thrive and we are excited to embrace more opportunities to reach people, teach people, and create together! In this light, we are using our white board to create and set goals surrounding community outreach and connection.

We plan to start taking action towards our goals by having an open house on February 7th. Dr. Diana will then start a Mastery of Consciousness class on February 14th, with the theme being “Love Your Self!”

First Cycle student Rene Cowles will follow suit by teaching her first 6 week healing short course in February. Rene is passionate about healing and is excited to share and teach all that she’s learned with others. Congratulations, Rene!

We also have goals of having one or two articles published in a few local papers during the month of February. Myself and a few other students plan to give lectures throughout the month as well.

Our school shares a united vision of having a magnetic, prosperous, and thriving school. The current students are eager and happy to share what they’ve learned with others as they recognize how life changing the SOM course of study is and want as many people as possible to have similar experiences. Happiness is something everyone deserves!

The white board gives us the opportunity to see and visualize success daily. What you put your attention on grows and we are ready to receive! •



Tulsa

By Mandie Renner

Beginning in November of 2016, the Tulsa school branch has placed a great deal of attention on caring for our sacred school space and elevating the schools vibration through both practices of Karma yoga and renovations. Dr. Christine recently posed the question, "have you seen changes within the school and if so, in what ways?"

Creation has been on the forefront of the school for several months now.

There is no denying the work that all the students have participated in to physically and energetically transform our classrooms and meeting spaces has raised the vibration of the school. Physically, students offered their time and resources to remove old wallpaper, apply fresh paint, repair cracks, remove carpet and care for the original hardwood floors which has created a new, clean, exciting area to learn and experience. Energetically, students have gained deeper understandings and insights by investing the Self through collectively working together towards a single goal, visualizing new surroundings, and by recognizing the value of giving and receiving. Brian Hoover explains the changes he has witnessed as seeing "a camaraderie and dedication, a recognition of what it's all for and a deep desire for others to recognize this too". And so by physically transforming our school building, Brian adds that it "makes the changes perceived visible by others, until they too have the eyes to see the outer reflection of the thing we love....the mind". Holly Parker added that she has been "noticing that the School not only looks better, but actually feels better as well". She adds that she can "feel the love and nurturing that is being given to the school". •

The Tulsa branch has chosen to set a school goal of increasing our student base from 13 to 20 by April 1, 2017. We have listed many ways in which all students at the school can contribute towards the goal. On our board, ways that each student can contribute is through activities such as visualization, poster hanging, teaching, social media, spreading the word with friends, short courses, etc. it is through the various activities that each individual can give in unique ways that all add to the elevated consciousness of the school. •



Springfield, MO

Creating the creator within!

By Devon Westpheling

During January's events and activities, our attention has been drawn to a greater awareness of the outer creation serving as a reflection of the inner creator. We began with our "New Year's Eve Peace and Prosperity Celebration," which I had the joy of leading. Throughout the evening, participants identified understandings gained in the year now past, as well as thought patterns or beliefs no longer needed. Each person placed in a roaring fire the written expression of those thoughts to be released from an evolving creation of the Enlightened Self. We then meditated and imaged the identity we each would create in the year 2017. Later, participants made vision clipboards with images from the Universal Language of Mind, symbolizing those inner qualities we now desire to add to our Selves. In association with the midnight hour, we visualized 12 people coming to this 3-hour event. 12 came, and then 3 more joined us closer to midnight!

Two weeks later, we hosted "The Story of Atlantis and Egypt," led by Dr. Paul Madar. Here, we learned about the history of modern humans. It was fascinating to explore the various phases of creation among different cultures with differing objectives for development. We visualized 30 people coming to this event and, through the Universal Law of Believing and Knowing, 30 came! As a student enjoying the lesson 29A astral projection exercise, this unfolding view of the power of Mind as creator is astonishing and beautiful to me. I am so utterly grateful for the pursuit of Truth and Love guided by the School of Metaphysics that lends every day to the path toward compatibility and companionship with my Creator.

In the latter half of January, Kera Everett taught a "Whole Minded Health" lecture at the local library, and we hosted Dr. Barbara's "The Change IS Life!" webinar. In order to map out the many individual and group areas of creation occurring through the Springfield branch, Dawn Mays and Mike Bremseth began the development of a Creators Board. We are excited to observe the power of drawing our student body's attention and energy to each activity led, class taught, conversation held, phone call made, etc. being directed toward the growth and flourishing of our school. Blessings! •



*“How do I talk to people about what I’m learning?”
Try this!*



5 INTUITIVE THINKERS are calm and centered.

Few things stifle intuition as easily as constant busyness, multitasking, and connectivity to digital devices. Unmanaged stress exhausts our intuitive reserves. Healing and repair rests largely upon one’s capacity for mental equilibrium.

A disciplined posture of mind is essential for a calm demeanor of the body that invites a poised Spirit. Intuitive Health Analyses seek to illuminate these cause and effect relationships. They identify where imbalances begin, how they are expressing out into the body, then give antidotes, corrective measures in all systems. When the body receives intuitively-designed, daily direction, residual tension is resolved. Restoration and rejuvenation result.

The following recommendation addresses a wide range of physical actions specifically designed for Self healing.

“We see that within the physical system that there is extreme wear and tear upon the body as has been stated. This particularly is shown within the nervous system and, therefore, the function of the body itself. We see that there is nerve damage throughout the system that is not being repaired. There is a need for vitamin B complex. There is a need for protease to aid in the building of the nerves, exercises that would calm the body, yogic poses, isometric exercises, exercises of these type would be helpful. Learning how to relax and tense the muscles of the body would be helpful as well. It is important for this one to coordinate the mind and the body, coordinate the attention and the will, to coordinate the use of the senses in other words to taste what this one is eating, to see what is in front of this one, to feel or touch what this one’s body and hand is next to. These types of experiences of the mind and the body are very important to one and can be a part of this one’s healing.”⁵

—from the soon to be released book...

**The Akashic Field of Relativity:
How INTUITIVE are YOU?**



DREAMS CATCHERS ONLINE

open to everyone!

**EVERY WEDNESDAY
6:30 - 7:25 PM**

1st Wednesday

TALK WITH THE AUTHOR ... Dr. Laurel Clark, IASD president, author of INTUITIVE DREAMING.

2nd Wednesday

THE DOCTOR IS IN ... insight into Self realization with Dr. Christine Spretnjak, SOM president

3rd Wednesday

10 POWERS of DREAMS with Dr. Barbara O’Guinn Condron, weekly host & dreamschool.org founder

4th Wednesday

Kerry Keller, National Dream Hotline® Coordinator & dream interpretation coach on how dreams improve relationships

According to scriptures, Maitreya will be a successor to the present Buddha. The prophecy of the arrival of Maitreya refers to a time in the future when the dharma will have been forgotten by most on the terrestrial world. For the one who knows the Self, the New Maitreya is here.

The New Maitreya

by Dr. Barbara O'Guinn Condron

Archetypal stories are conveyers of Universal Truth. They soar beyond brainy stereotypes that polarize the mind's thinking, lifting our awareness to new levels. "Holding Up the Sky" is an archetypal story from China.

I first read it when we were building the Peace Dome. Just witnessing how that structure came into existence was a visceral experience resonant with the thought of *what holds up the sky?* We shared it with the children during a Peacemakers gathering. (You can learn more about them in the book Peacemaking.) It was a delight to watch them act out the story, becoming the change before our eyes!

One day an elephant saw a hummingbird lying flat on its back on the ground. The bird's tiny feet were raised up into the air.

"What on earth are you doing, Hummingbird?" asked the elephant.

The hummingbird replied, "I have heard that the sky might fall today. If that should happen, I am ready to do my bit in holding it up."

The elephant laughed and mocked the tiny bird.

"Do you think those little feet could hold up the sky?"

"Not alone," admitted the hummingbird. "But each must do what he can. And this is what I can do."

I find the hummingbird's Self possession enchanting. The elephant's lack of acknowledgement and positive reinforcement makes no difference to the little bird. He is not performing this task for praise. The hummingbird is doing the right thing for the right reason.

"Doing the right thing for the right reason" is a favorite mantra for me, particularly when I am disturbed by current events in the world around me. When I am tempted to think my thoughts don't matter, I don't matter; I hear the hummingbird's words. They center me in my core, immediately focusing me in the center of the Stargate Field where I can allow the Light of Creation to pass through me.

In whatever way you see your Self in this story, thank you for doing what you can do.



Twin Verses from The Taraka Yoga of Kuan Yin

by Barbara O'Guiby Barbara

√15 PEACE

The **UNIVERSAL PEACE COVENANT** consists of 577 words dedicated to describing what peace is. Reading the covenant is a mind experience of Truth and Light and Love. From the opening, *"Peace is the breath of our Spirit"* to the close *"May Peace Prevail on Earth"*, you are connected through space and time with the wholeness of the human Spirit. Timeless words spoken by Confucius echo through 2500 years. Concepts written by America's founders become real in the reading. French novelist and essayist Victor Hugo wrote, *"Nothing is stronger than an idea whose time has come."* With a nod to the author of **The Hunchback of Notre Dame** and **Les Miserables**, the covenant insists that Peace is that idea. Dr. David Hawkins original research calibrated 1000 people to conclude that on the human energy field stretching from 0 being death to 1000 being the consciousness of the most divine, peace rests at 600. It can be described in one way as the gift of loving well since the spectrum of love resonates throughout the 500s, and it is the progenitor of the enlightenments which begin at 700. *"Living peaceably begins by thinking peacefully."* Every Master of consciousness knows/knew this. Introduce someone to the **UNIVERSAL PEACE COVENANT** today.

The need for experience surfaces after understandings are well used.
The unexpected descends uncreated by conscious awareness.
Superconscious plan for creation takes subconscious form
in solitude, alone, the Tree of Knowledge.

√16 Duty

Arjuna, the Pandu prince who with the help of Lord Krishna his brethren, is at first overcome with grief at the sight of the His duty is larger than his capacity to see. By aligning his consciousness with the Lord's, he experiences an awakening of what duty means. Duty is a moral obligation. It is the mental posture which unlocks one's consciousness in the Stargate Field. What is this posture? Here are the words spoken by Krishna in *The Bhagavad Gita*:

"Do your duty to the best of your ability, O Arjuna, With your mind attached to the Lord, Abandoning (worry and) attachment to the results, And remaining calm in both success and failure. The equanimity of mind is called Karma-yoga."

Arjuna wants to be awakened to all the shadows as consciousness moves through mind. Krishna, bearing the stronger light, brings awareness to creation. With war - the inner conflict and turmoil arising from ignored or misinterpreted polarities in life - comes the possibility for freedom from suffering. This cost of this freedom is surrender - the letting go of victimhood so the Real Self can shine.

determines he will fight
battlefield.

Sorrow and anger no longer veil who you are.
Unconsciousness no longer shapes your creating.
All hold value in their time and place.
Full of wonder, the duty-bound understood.

16
Duty

Wisdom from the Oracle

Excerpt from commentary on the evolutionary locus for the School of Metaphysics from the Superconscious Oracle given on January 8, 2005

Any suggestions concerning love for these individuals and as a group collectively?



To realize that as there is the dropping away of the fear and doubt, as there is the coming to terms with the desire, as there is the opening of the third eye as it is known, there then can be a fuller realization of divine love. It is present in its seed within these ones. There need only be the lifting of the awareness for it to be received. The coming away from individual ego and attachments that are associated with it does allow the heart to open and in the opening of the heart there is the enactment of understandings throughout time. Through these then there is the resonance for the Christ energies both within the individuals and between them. This is a significant aid in the work that is being done and needs to be completed by this Being.

1-8-2005-BGC- DRC-1



Each time we come together to create the School of Metaphysics *Vibrations* Newsletter, we open our sessions with an opening projection. Afterwards we each align with the laws of creation and open the book, *The Taraka Yoga of Kuan Yin* by Gael O'Guinn, to receive the verse that is designed for each of us individually. Here are the numbers we received. Our collective vibration is featured below

Love and Light from your *Vibrations* Staff.

80 The Immortals

Immortality begins in a mind full of what is.

When you know what is, your reign begins. Your reign extends the power of Mind's Light from Heaven to Earth. Everything changes in the light of Eternity.

Dr. Sheila Benjamin... 62 Atman ... To be awake means to dream day and night in the presence of the first dreamer. His clear light is carried in every cell Buddha, Christ, Lao Tzu, Quetzalcoatl, Mahavira. Incomparable richness awaits the one who knows how to dream.

Kerry Keller... 98 Wavelengths... Your attention can be whole and complete when willfulness commands. Temper your mind in service to the whole Self. Train the mind in noble ways and it changes the brain. Epsilon, Alpha, beta, delta, theta, gamma, lambda harmonize in Schumann's wave.



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CALENDAR 2017

March

March 31-April 2, 2017 National Teachers Meeting

April

April 28-30, 2017 National Dream Hotline®

May

May 19-21, 2017 All Student Weekend

June

June 16-20, 2017 International Association for the Study of
Dreams Conference, Anaheim ,CA

August

August 5, 2017 Area Teachers Meeting

September

September 8-10, 2017 Dharma Spiritual Focus Weekend
September 15-17, 2017 All Student Weekend

October

October 6-8, 2017 National Teachers Meeting

December

December 2, 2017 Area Teachers Meeting



National Dream Hotline®





School of Metaphysics Branch Locations

email to (cityname)@som.org

World Headquarters • 163 Moon Valley Rd. • Windyville, Missouri 65783 • (417) 345-8411

ILLINOIS

345 Manor Court • [Bolingbrook, Illinois](#) 60440 • (630) 739-1329

5021 W. Irving Park Road • [Chicago, Illinois](#) 60641 • (773) 427-0155

222 West Wilson • [Palatine, Illinois](#) 60067 • (847) 991-0140

INDIANA

6138 North Hillside • [Indianapolis, Indiana](#) 46220 • (317) 251-5285

IOWA

3715 University • [Des Moines, Iowa](#) 50311 • (515) 255-5570

KANSAS

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